

MARTA Wellness Committee Report

MARTA 2024 Fall General Meeting

06 November 2024

Meetings for the Wellness Committee will continue to be held on the third Thursday of each month from 11:00 to 12:30 at the Fundy Line Meeting Room. Any MARTA member is welcome to attend. Lois prepared and distributed a Save-the-Date information slip for upcoming events.

Two special events were mentioned: Nov 14, Dr. Bill Randall's presentation to be held at the Portage Restaurant, and Dec 12 MARTA Christmas Social at the Durty Dog from 6:30 to 8:30. There will be a cover charge of \$10 for this event.

New Events: The possibility of starting a guest speaker event. It is in the planning stages, so stay tuned for more info, as well as a Christmas Card campaign for members who are not able to attend our activities.

Respectfully submitted,

Lois Gilliss, Wellness Chair